

Shamanism IN THE ANDES OF ECUADOR

AYAHUASCA & SAN PEDRO HEALING WITH DR. VALENTIN

M.D. in General Medicine

in Neurology and Psychiatry

Shaman and researcher on Indian shamanism for the Ministry of Public Health of Ecuador

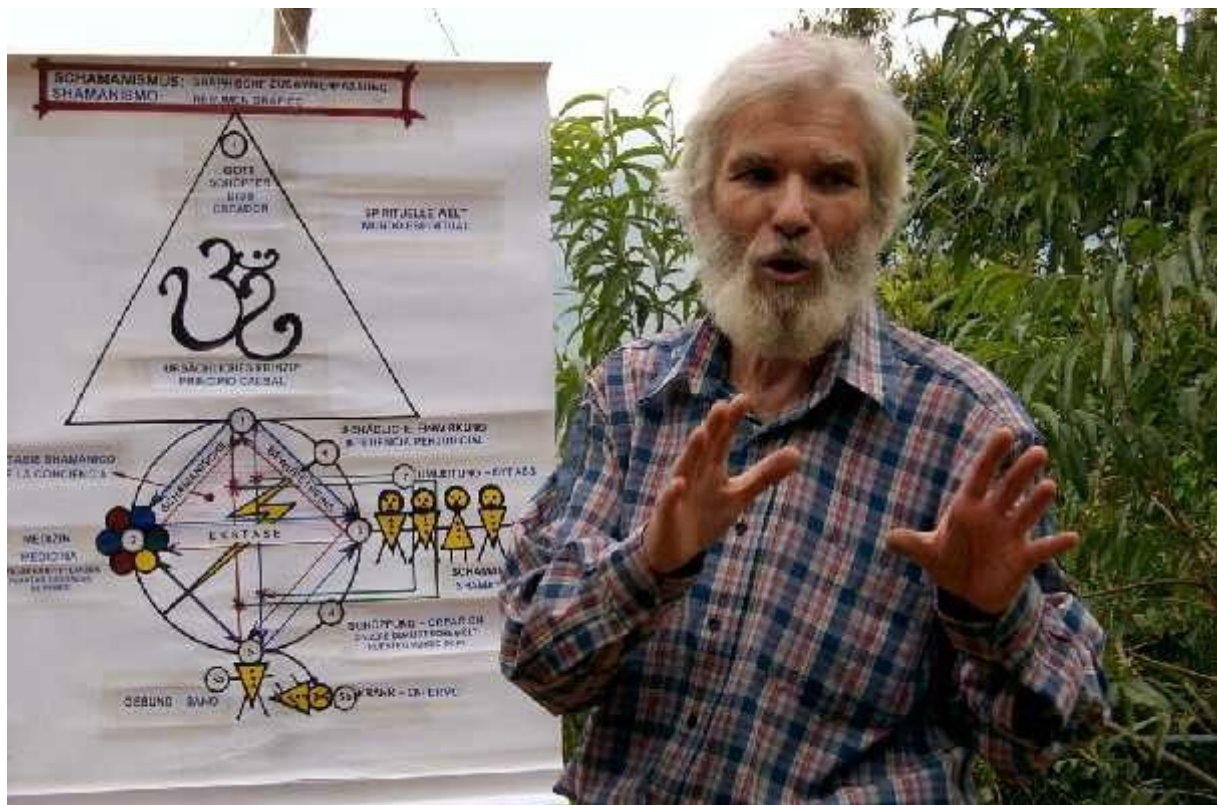
Author of the work **"El X-tasis Shamánico de la Conciencia"**

Commissioned by the Ministry of Health in Ecuador

German Version: „Die Schamanische Bewusstseinsekstase“

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HEALING AND SELF-REALIZATION RETREATS IN ECUADOR

Ceremonial Ayahuasca & San Pedro - Healing of Endogenous Depression, Schizophrenia, Multiple Sclerosis, Degenerative Illnesses, Drug addiction and other disorders.

Allow me to familiarize you with the nature of our seminars. The history of **shamanism** throughout the millennia is already well established. Archaeological and ethnological investigations have verified it without any question. In comparison, modern scientific medicine is only a baby – a few centuries old – characterized by a game of always speedier and riskier new “advances” and the *“latest knowledge”* about the reality of life. How long can it last?

It is only common sense to realize that the ancestral wisdom of **shamanic medicine** does not need to justify itself in relation to the superiority claims of this scientific baby, since **shamanic medicine** is primarily defined by a deep and authentic respect for life. “*Pure, rational science*” cannot pretend to the same ethical level, as it keeps filling military arsenals with more gigantic means of nuclear, chemical, biological and high-tech killing. The threat of apocalyptic self-destruction of all humankind is unquestionably – apart from the obvious benefits of our scientific era – the main contribution of our natural sciences.

Unfortunately, countless men and women in our modern industrial societies have forgotten that they are children of our Mother Earth and that their true health and happiness are inextricably dependent on a life lived in harmony with the created powers of nature and the laws of the Great Almighty Creative Spirit that acts through her. The public health institutions of mainstream medicine are not very aware that this represents a basic prerequisite for the restoration of physical and spiritual health in everyone.

THE SHAMANIC ECSTASY OF CONSCIOUSNESS

To begin with, the shamanic medicine approach to healing and teaching is a system of knowledge and practices based on altering the consciousness and perception of the therapist, and in some cases, of the patient too. In anthropological literature, this modification of consciousness and perception is technically referred to as the **Shamanic Ecstasy of Consciousness**.

SACRED POWER – PLANTS



The main objective of our seminars is the shared awakening and living experience of this shamanic **ecstasy of consciousness**, because with it also comes the awakening of our innate and natural healing potential (the '**doctor within**'). To accomplish this, we use the shamanic methods that have been transmitted since immemorial times as a universal strategy for the acquisition of personal and collective knowledge, strength and health. The South American lineage of **Indian shamanism** is mainly characterized by its abundance of extraordinary healing plants. Among them are those called **sacred power plants**, such as the **San Pedro cactus** (botanic name *Trichocereus Pacchanoi*) of the Andean mountains and the Ayahuasca vine (botanical name *Banisteriopsis Caapi*) of the tropical forests of the Amazon basin.

To them we owe the activation and energetic transformation of our everyday waking consciousness into the shamanic ecstasy of consciousness which is indispensable for shamanic healing. By waking up the latent '**doctor within**' in the deepest (archetypal or transpersonal) layers of our subconscious, we simultaneously cause a reprogramming correction of misdirected vital impulses and a liberating transformation of blocked vital energy patterns.



The awakening of our dormant capacities and the reactivation of our innate, sensitive communication with the energies of nature and the Divine Spirit of the Omnipotent Creator – often lost a long time ago – causes the healing, at the level of their active energetic roots, of all disharmonies of health (i.e. of our subtle energy body): loss of happiness and of the zest for living (in severe depression and addictive disorders), inexplicable anxieties (often due to past traumatic experiences), personality disorders (like paranoia and compulsions), as well as physical disorders and degenerative illnesses.

Due to the millennial tradition of **Shamanism**, where the world of the vision and the faith still represented the unquestionable way for cure, we will also experience, in this inner awakening, the domination of the limiting shackles of our thoughts and our mental understanding. Thus, we begin to discover the marvels of an indescribable, mystic and wholesome perception of the reality.

We understand that, over the last decades, the phenomenon of “**shamanism**” has fallen under the media spotlight. For many people, it has become a fashionable topic and, for the same reason, a problematic and controversial one. These days, numerous charlatans, pseudo-shamans, entrepreneurs and sensationalist writers, attracted like moths to the flame, poison the nectar of the millennial wisdom of shamanism. However, shamanic medicine should never be confused with the dubious and often black-magical practices of sorcerers, occultists and impostors. What authentic shamanism represents is the wisdom, inherited from our human ancestors, of the art of activating our internal healing power.

For obvious reasons, it is completely impossible for people who are untrained in this field to separate the wheat from the chaff, since there is little wheat (authentic shamans), lots of chaff and even more amateurs with wild, subjective and speculative opinions about shamanism. However, we should not accept the erroneous view that there is no wheat, just because the field is beginning to be covered with weeds. For that reason, we are sincerely glad to have found with Dr. Hampejs an authentic wisdom holder of Indian shamanism.

COME WITH AN OPEN HEART!

For participants who haven't been initiated into the shamanic ecstasy of consciousness, these experiences are still strange and mysterious. Expert leadership is required for them to receive their healing benefits. Those who would like to discover the mystical phenomena of shamanic healing need to be willing, from the very beginning, to let go of attitudes of intellectual and scientific arrogance and to see themselves with open hearts as students who are learning in an entirely new way in order to access the life secrets that **shamanic medicine** can reveal.



SHAMANIC CEREMONIES IN ECUADOR A flight to the healing within!

SCHEDULE OF THE TRIP AND BASIC PROGRAM ***

*** It should be noted that the complete shamanic cure of **Endogenous Depression, Schizophrenia, Multiple Sclerosis** and other **Degenerative illnesses** – considered incurable by mainstream Western medicine – requires an absolute minimum of **three weeks**. The healing of Drug **Addiction** (and **not only the transitory detoxification**) requires a special program of **four to six weeks**.


Day 1

After your **Arrival at Quito-Airport** you go on your own with a cab to the hostel **SAN VICENTE** in near Guayllabamba, where you will meet the other participants and spend your first night in Ecuador. I will pick you up there on December 15 in order to go all together by cab to the excellent **Hostel AYA HUMA in Peguche**, where we will spend our next 20 program days. (B/S)

Day 2

Rest and Adjustment (B/S)
Now we have a good opportunity to perceive consciously the vibrations of the surrounding nature. In the afternoon, we meet to share a brief introduction to the principles of action of shamanic medicine and of the sacred power plants of the American tradition.

Day 3

First Ceremony  **Fast**
We prepare for our first ceremony with a breakfast of herb tea and unsweetened fruit juices. At the right time, we gather at the site for the ceremony. There, the nature and structure of the ceremony will be explained. Any other concerns will be answered.

Day 4+5

Rest and hikes
We use these days to relax and meditate on our experiences of the night. We can also take a pleasant hike through the beautiful surroundings. (B/S)

Day 6

Second Ceremony  **(Fast)**







SHAMANIC



FIRE ALTAR

Day 7+8

Rest and hikes
We will also rest, or perhaps decide to make a walk to the indigenous market of Otavalo. (B/S)

- Day 9** **Third Ceremony**  (Fast)
- Day 10+11** **Rest and hikes.** Again, these days will be useful to recuperate and integrate our experiences. B/S
- Day 12** **Fourth Ceremony**  (Fast)
- Day 13+14** **Rest & hikes** /S
- We will use these last two days again for rest, meditation and energetic integration of the experiences of our retreat.
- Day 15** **Fifth Ritual: "A Shamanic Power Walk"**  (Fast)
- Our penultimate ceremony is a *shamanic power walk*. Since we are now familiarized enough with the lessons and the psychosomatic experiences of the teacher plants, we can venture out into a daytime ceremony in the forest. The shamans of all cultures know, perceive and use the visible and invisible, cosmic, supracosmic, and earthly entities, the nature spirits (gods, demigods from various religious traditions, sun, thunder, fire and other elemental spirits, rainbow, mountains, springs, lakes, sea, trees, plants, animals, crystals and stones) for the healing of men. They look for **power places** where sources of energy are available for the purification, strengthening and healing of human beings. When we take this walk in the Andes Mountains in a state of shamanic ecstasy of consciousness, the healing energies of nature will lift us to a purified and strengthened vitality. We will experience psychically and physically how negative energies are removed and left behind and how purity, strength, clarity and vitality replace them.
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- "There, the spirit rises above the body and merges with the All; there I was pure and totally clear energy – and today I know that was the moment in which I was healed."**
(Comment from an Austrian participant)
- Day 16+17** **Rest and hiking** B/S
- Day 18** **Sixth Ritual** (Fast)
- Day 19** **Rest, hiking & final Evaluation – Meeting.**  Familiar meeting with Valentin, any remaining questions or concerns can be answered. It is also the time to prepare mentally and practically for the return trip home. B/S
- Day 20** **Return Flight back home**  B
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GENERAL INFORMATION OF PARTICIPATION

On principle, any person with a sincere desire for healing or self-realization is welcome, including children, with a written authorization from a parent or guardian. Adults in charge must participate equally in the healing work and are subject to the same conditions. Shamanic medicine facilitates incomparably the healing of most illnesses that are considered incurable by allopathic medicine and by most alternative approaches. Due to the severity and the past duration of **chronic illnesses** (e.g. **endogenous depression**, **schizophrenia**, **multiple sclerosis** and other **degenerative diseases**), their treatment requires at least **three weeks**. The complete cure (not just temporary detoxification!) of **addictive illnesses** requires a special program of **four to six weeks**.

Cost includes housing and meals: 2960. - US\$ for 20 days
Your enrolment will be confirmed with the transfer of 20% of your total seminar fee.
(590. - US\$)

The total cost includes:

Lodging in double bed-rooms (extra cost for single room, if available) – 20 nights in a comfortable private house or residence.

Two meals per day as indicated in the schedule: **B** for brunch, **S** for supper; **F** for preparatory fast on ceremony days – **days 03, 06, 09, 12, 15, 18.**

Drinking water, tea, juices, and the medicinal program of the ceremonies; medicines and treatments are included in the total cost of participation.

**Please do bring along some pocket money for your personal offerings at the rituals.
(Flowers, fruits and candles)**

The cost does not include: Lodging before or after the program, alcoholic drinks, tips, purchases, personal services or travel insurance.

GENERAL INFORMATION OF THE TRIP AND THE BANK CONNECTION

- Your Transatlantic/Transpacific flight to Quito (is not included in the seminar cost)
Make the reservation for your transatlantic or transpacific flight so soon as possible (!), since it can happen very easily, that you don't get your flight on the wished date.
- **Vaccines** are not required for Ecuador.
- **The Seminars take place all the year round.** To be able to secure for you **a convenient accommodation**, you must transfer at least **20% (590. - US\$)** as enrolment fee (i.e. assurance fee for your housing) at least **two months** before; in the high tourist season (May, July, August and Christmas) even **three months** before the beginning of your seminar.

What to bring: Short-sleeved and long-sleeved shirts, pants and shorts, a warm jacket for the nights during ceremonies, comfortable hiking-shoes, sandals, swimsuit, hat or cap, plastic raincoat, umbrella, sunglasses, flashlight, insect repellent, sunscreen, binoculars, camera with flash, MP3 or tape recorder, daypack.

Cancellations: If the cancellation is made at least 30 days before the start of the program, we will refund all payments except the bank transfer fees.

A Suggestion: Since unforeseen circumstances can arise in so-called third world countries, we recommend that you purchase travel insurance.

SEMINAR CALENDAR 2017/18		
MARCH/APRIL 2017	14. 03. – 03. 04.	20 DAYS
JUNE 2017	10. 06. – 30. 06.	20 DAYS
SEPTEMBER/OCTOBER 2017	10. 09. – 29. 09.	20 DAYS
SHAMANIC CHRISTMAS 2017/18	15. 12. 2017– 03 .01. 2018	20 DAYS

INFORMATION + ENROLLMENT

DR. HEINZ VALENTIN HAMPEJS

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E - Mail: VHampejs@gmail.com

Dr. Hampejs is an M.D. in general medicine with specialization in neurology and psychiatry. As an officially recognized shaman, he has dedicated himself for more than 35 years to the investigation, the practice and the teaching of North and South American shamanism. In 1991, with the publication of his scientific monograph "*El Éxtasis Shamánico de la Conciencia – Principio Medular de la Medicina Shamánica*" (The German version "*Die Schamanische Bewusstseinssekstase – Kernprinzip der Schamanischen Medizin*" will be published soon by Fischer – Kollateralverlag, Germany), he was officially recognized by the Ministry of Public Health of Ecuador as an expert on Latin American shamanism. This book presents essential, scientifically irrefutable arguments for the revaluation and recognition of shamanic healing methods that could bring an unexpected – and long needed – enrichment to orthodox modern mainstream medicine. The book can be found at I-PROCLAIM:

<http://i-proclaimbookstore.com/elxshdelacop.html>

BANK DETAILS FOR YOUR INITIAL DEPOSIT

Heinz JOSEF HAMPEJS

vhampejs@gmail.com

TEL: 0043 664 2823397 (Austria)

(This number will work only until middle of July 2017).

Name of the Bank:

MERCANTIL COMMERCEBANK

Address of the Bank:

CENTRO BANCARIO: FLORIDA
12496 N.W., 25 Avenue, Miami,
FL 33182

ABA

067010509

SWIFT- CODE (BIC)

MNBMUS 33

Account Number:

8302597920

Name of Account holder:

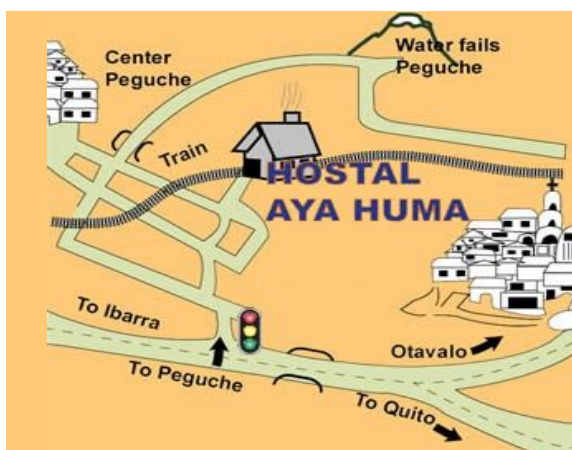
Dr. Heinz Josef Hampejs

Address of Account holder:

Sollingergasse 5/25
1190 WIEN AUSTRIA – EU

Hostal Aya Huma

Hostel Aya Huma is a traditional Indian home which has been converted into a cozy and comfortable hostel. Rurally located in Peguche, an Indian village 2,5 km outside of Otavalo (and a 110 km north of Quito), an ideal setting for discovering the beautiful nature in the Andes highlands. The hostel is known for its large social and cultural involvement with the local inhabitants of Peguche. If you want to see the Ecuadorian culture up close and personal or have an unforgettable experience by participating in one of the [workshops](#) and [rituals](#) the hostel offers, you are at the right address. Aya Huma is also known for its personal approach for every guest. Come and visit if you like tranquility, hiking, camping, massages, good food or the possibility to cook a fabulous meal yourself. It is all possible!



HOSTEL AYAHUMA IN PEGUCHE ECUADOR

