

**Aho mitakuye oyasin,
(In Lakota: We are all one family)**

SHAMANIC CHRISTMAS AND START INTO A RENEWED LIFE FOR THE NEW YEAR

Which we will carry out
From 15th of December until 3rd of January (20 Days)
In the Andes around Otavalo in Ecuador

SHAMANIC CHRISTMAS – AND NEW YEAR RETREAT IN THE ANDES OF ECUADOR

In a future not very far, this year will also be declining finally toward its autumnal and winter twilight. However, some of us, due to illnesses or to their existential, economic, social or private difficulties perhaps not even won't be able to enjoy the blessings of the light and of the summery warmth that will also go disappearing finally. There the question arises: What will the end of this very year and even the next years bring us?



There is the lamentable part of our human **"destiny"**. The German word for **"destiny"** is **"Schicksal"** that means as much as **"sent grace"**. Unfortunately we are not conscious that the reasons for the rigors of **"destiny"** that fall above us, inhabit our interior with the purpose of being taken to higher realms of spiritual self-realization through a process of purification and maturation.

For this, an inner conversion process is necessary that - without proper transformation helps - can go along with very long, often even lifelong periods of suffering.

This, for example, applies to the **"Endogenous Depression"**, the **Schizophrenia**, the **"Multiple Sclerosis"** and other, **"Degenerative Illnesses"**, which are incurable for the western, formal medicine. In addition, formal, orthodox medicine cannot heal the **"Addictive Illnesses"**; and the commonly known alternative healing procedures also can only bring about a temporary relief of the symptoms but not the cure of the illness itself. All of us know this very well, especially after our often countless but unsuccessful efforts to recover our health with such methods.



AYAHUASCA

For such people, that want to be freed definitely from their ailments that are being incurable for the formal, orthodox medicine, we are offering our Shamanic **"Sacred Power Plants"** - Seminars for cure and self-realization since already many years. Notwithstanding the all year round performance of these Seminars, we are going to organize again a Shamanic Christmas- and New-Year-Eve-Seminar in the mountains of Ecuador this year. Shamanic medicine can often heal the named illnesses (**"Endogenous Depression"**, **Schizophrenia**, **"Multiple Sclerosis"** and most of the **"Degenerative Illnesses"**) in around three weeks.

However, the definitive cure (and not only detoxification!) of **"Drug Addiction"**, requires a special program of four to six weeks. Upon appointment, we can organize these special programs at any time during the whole year from February to November.

For the final cure of these illnesses, the **"Sacred Power Plants"** of the Indian-American Shamanism are indispensable. Contrary to the concealing strategy of the classical medical and psychotherapeutic treatment, they facilitate the **psychocatalytic*** liberation of the pathogenic material contained in the deepest layers of our subconscious, because every illness has its pathogenic causes, independently whether we know about them or not!



We need a lot deeper and more efficient instruments than those available for conventional medicine and psychotherapy, in order to liberate the subtle energy scheme (the cellular and reticular memory) of the body from such negative, destructive energies; and in order to load ("vitaminize") it with natural vital forces. We therefore need the shamanically administered employment of the so-called **"Sacred Power Plants"** of the Indian-American Shamanism. Only these **"Sacred Power Plants"** can bring about such a transformative renewal. Of course, only an experienced shaman can use them in a wholesome way through his competent guidance!

Apart from these auspicious outlooks for the cure of these illnesses, our **Shamanic Christmas – and New Year Seminar** also represents, however, a unique and extraordinary possibility for spiritual self-realization and growth and the cure of numerous other physical, psychical and spiritual health disturbances.

In order to be able to understand this better, I would like to have in mind that we have to take into account the quite particular circumstances at the cure and instruction with shamanic medicine. **Shamanic Medicine** constitutes a system of knowledge and practices focused on the medicinal alteration of the therapist's consciousness and perception and – given the case – those of the patient. In the specialized anthropological literature, this modification of the consciousness and perception is denominated as **"Shamanic Ecstasy of Consciousness."**



The main objective of our Seminars consequently consists of the shared awakening and living experience of this **"Shamanic Ecstasy of Consciousness"**, because with it also takes place simultaneously the awakening of our inherent and natural healing potency (**"The Doctor Within"**). For this, we make use of the shamanic methods transmitted since immemorial times as a universal strategy of the whole humanity for the acquisition of personal and collective knowledge, strength and health.

Introduction in a Shamanic Ceremony

The South American lineage of Indian Shamanism distinguishes itself mainly of an impressive abundance of very extraordinary healing plants. Among them we also find the particularly called **"Sacred Power Plants"**, as for example the **San Pedro cactus** (botanical name: *Trichocereus Bacchanal*) of the Andes and – among many others – the **Ayahuasca vine** (botanical name: *Banisteriopsis Caapi*) of the tropical forests of the Amazon basin. To them we owe the activation and energetic transformation of our lucid every day's consciousness and of our accustomed and daily sensorial perception into the **"Shamanic Ecstasy of Consciousness"**, which is indispensable for the shamanic cure. Because through waking up that latent **"Doctor Within"** in the deepest (archetypal or transpersonal) layers of our subconsciousness, simultaneously takes place a rectifying reprogramming of the not well driven vital impulses and a liberating transformation of blocked vital energy patterns.

Our this year's **Shamanic Christmas and New Year Seminar** will last 21 days (**from Dec. 18 to Jan. 7**) and comprehends again five nightly ceremonies and one day ritual, i.e. a **Shamanic Power Trip**, with the **"Sacred Power Plants"** of the Indian-American Shamanism for the mountainous forests of the Andes around Otavalo/Ecuador.

To experience the **Holy Night** shamanically as a spiritual celebration of the birth of the light with the transforming potency of the **"Sacred Power Plants"** in the familiar circle of the participants has become a turning point for the life of some European truth and health seekers.

Quite same, to which creed or confession of faith affiliated, one is able to join in this night with a powerfully present energy of mercy, love and peace, for the sake of both one's own welfare and the one of all those people, with whom we share hearts and views in our personal life.





Shamanic Power Hike

Ecstasy of Consciousness", the nature harmonies of the Andean mountains will lead us to a condition of purified and strengthened vitality. We experience psychically and physically how "bad energies" are stripped off definitely and left behind, how purity, strength and clarity is taken along.

**"There the spirit rises above the physical and joins with the entirety.
There I was pure energy and completely clear; and I know today that
it was this experience, in which I was healed".**

(Commentary of a participant from Upper Austria)

With this, we are fit for our actual **"New Year's Eve ritual",** which takes place during the night from **December 31 to January 1.** The birth of the newcomer follows the death (of the old year). Since ever, all cultures celebrate this turning point properly, uniting all peoples and continents through a morphogenetic action field, in which from time immemorial we give a farewell to the old things and begin new ones. We benefit from this special quality of the time also in our final ritual.

SACRED FIRE - ALTAR

In quiet meditation, we recall our weaknesses and bad habits to take leave definitely of them by free will and determination. In the sacred fire, before our shamanic altar, we fore symbolically burn all that is not light and pure in us, in order to make place in and around us for our best purposes, so that we can go our way in the New Year with full confidence.



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DR. HEINZ VALENTIN HAMPEJS (Austria)

TEL: +43 - (0)664 – 2823397
E - Mail: VHampejs@gmail.com

Dr. Hampejs is an M.D. in general medicine with specialization in neurology and psychiatry. As an officially recognized shaman, he has dedicated himself for the past 35 years to the investigation, the practice and the teaching of North and South American shamanism. In 1991, with the publication of his scientific monograph **"El Éxtasis Shamánico de la Conciencia – Principio Medular de la Medicina Shamánica"** (The German version **"Die Schamanische Bewusstseinssekstase – Kernprinzip der Schamanischen Medizin"** will be published soon by Fischer – Kollateralverlag, Germany), he was officially recognized by the Ministry of Public Health of Ecuador as an expert on Latin American shamanism. This book presents essential, scientifically irrefutable arguments for the revaluation and recognition of shamanic healing methods that could bring an unexpected – and long needed – enrichment to orthodox modern medicine. The book can be found at I-PROCLAIM:

<http://i-proclaimbookstore.com/elxshdelacop.html>